



Workshop 4 | The Role of Youth in Public Health Promotion: New Ideas, Young Ideas

ABSTRACT

There are more than 1.2 billion people between the ages of 10 and 24, the largest generation in human history. With this huge number, the risk of this group of young people to diseases is increased. Other contributing factors, such as lack of access to health services, risky behaviours such as unsafe sex practices and illicit drugs consumption, and unhealthy lifestyles such as non-healthy food consumption and smoking have folds this risk by many times.

WHO (1948) have defined that health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. . In refer to that definition, investments to the health status of youth and adolescents have been made in the last two decennia through global and national commitments such as the International Conference on Population and Development (ICPD). However, concerted and continued efforts by all stakeholders are still required in order to improve health status of the youth.

For many years, civil societies in many countries have been actively supporting governments in ensuring access to health care and information for the youth. However, it has been identified that cooperation across stakeholders and geographical regions in finding ways to remove barriers to health services and involve youth in health policy making process are the important factors to further improve health status of the youth,

Following on the 16th ASEF University on “*Public Health and Vulnerable Groups: Access to Quality Healthcare Services*”, this workshop will focus on the role of youth organisations, networks and movements in the field of Public Health, and the possible initiatives of governments to support such youth initiatives. Special attention will be put on reviewing lessons learned from on-going projects, in both Asia and Europe, and on seeking ways to improve capacity building and information sharing that would contribute to a higher participation of youth in the development and implementation of health policies and interventions.

BACKGROUND

The increased number of global instabilities, from financial and economic crises to the pandemic, has led to the dire need for deeper cooperation and understanding between the governments of Asian and European countries. Of all these instabilities, ‘global health security’ certainly has become a top priority. It has generally been accepted that young people have specific needs with respect to their well-being, including issues related to their social integration, mental well-being, education, and sexuality. the rise to a global scale of non-communicable diseases, such as obesity increase prevalence of risky behaviours and poor mental health serve to illustrate the diversity of the threats towards the achievement of a health status of young people and consequently for social stability and economic prosperity.

In order to combat and prevent the transmission of diseases and the resurgence of other threats, national health authorities have shown their willingness in sharing the responsibility and collaborating with each other, and with multilateral organisations, to provide and enhance rapid and coordinated response capability to these challenges. The exchange of health knowledge between Asia and Europe has recently received a major boost through the establishment of the ASEF Network for Public Health. In this initiative the need for increased knowledge-sharing and collaboration on addressing youth health issues has been identified.

Continuing the work of the 16th ASEF University held in Lodz, Poland, from 29 June to 9 July 2010 under the topic “*Public Health and Vulnerable Groups: Access to Quality Healthcare Services*”, this workshop,

thus, will attempt to shed some light on possible synergies between the two regions, especially within youth movements and organisations.

KEY QUESTIONS

1. What is the added value of youth participation in the promotion of Public Health?
2. How can Civil Society Organisations improve the participation of youth in the development of Public Health policies and advocate for youth health issues?
3. How can public health authorities improve the participation of youth in the development, monitoring and evaluation of Public Health policies?
4. What can be done to create opportunities and to enable more youth networks and advocates to come up and act on youth issues? Should the lead be taken by the Civil Society or by government institutions?

OBJECTIVES

The three main objectives are to:

1. Follow-up on the recommendations put forward by the participants at the 16th ASEF University, under the topic of “Public Health and Vulnerable Groups: Access to Quality Health Care Services;
2. Focus on the role of youth organisations, groups, networks and movements in the field of Public Health, and the possible initiatives of governments to support such youth initiatives. Special attention will be put on reviewing lessons learned from on-going projects and on seeking ways to improve capacity building.
3. Establish knowledge-sharing mechanisms that would foster an exchange of ideas on how to increase the role of youth in Public Health in Asia and Europe..

TARGET GROUPS (PARTICIPANTS AND OUTCOME AUDIENCE)

Participants

- Grassroots practitioners, members of Non-Governmental and Non for Profit Organisations;
- Representatives from relevant Authorities of Asian and European countries dealing with Youth and Public Health;
- Policy makers from International/Interregional Organisations;
- Members/Experts of ASEF Network for Public Health;
- Participants from 16th ASEF University;
- And researchers and medical staff from educational establishments and research labs, and think-tanks in the field of health.

Outcome Audience

- Government officials and policymakers dealing with Public Health related topics, as well as Youth participation projects;
- Youth organisations and networks in Asia and Europe;
- Health professionals and programme managers involved in the planning and implementation of health programmes focused on adolescents and young people.

CONTACTS

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ABOUT THE WORKSHOP CO-ORGANISERS

Asia-Europe Foundation (ASEF)

www.asef.org

ASEF promotes greater mutual understanding between Asia and Europe through intellectual, cultural, and people-to-people exchanges. Through ASEF, civil society concerns are included as a vital component of deliberations of the Asia-Europe Meeting (ASEM). ASEF was established in 1997 by the participating governments of ASEM. ASEF has since implemented over 450 projects, engaging over 15,000 direct participants and reaching out to a much wider audience in Asia and Europe. ASEM now brings together 43 member states, the European Commission and the ASEAN Secretariat.

ASEF University Alumni Network (ASEFUAN) AISBL

<http://www.asefuan.org/>

ASEFUAN is an association of former participants of the Asia-Europe Foundation University, a two-week intensive scholarship programme for undergraduates at venues alternating between Asia and Europe, which has been running since 1998. The alumni network was created in Bali, Indonesia, in 2002 and, in 2009, became an international non-profit organisation under Belgian Law. ASEFUAN organises activities to maintain and reinforce the relationships forged among participants of the ASEF University programme and undertakes projects to promote a meaningful intercultural dialogue between Asia and Europe, particularly among the younger generation.

Prospex

<http://www.prospex.com>

Prospex is a Belgian-based company that enables organisations to develop cooperation for excellence. It acts as an interface between people and ideas. That means Prospex cooperates with companies, public institutions and outside stakeholders, supporting their values and strategic choices. Prospex provides top level services for negotiation, mediation, facilitation, future foresight, management training and coaching. With its public and institutional experience, it is unique in its approach to set clear objectives, stimulate consensus and enhance communication. For example, Prospex coordinated a series of future scenarios for the EEA and the EC FP7 and facilitated the ASAP (Accurate Scenarios Active Preparedness) health project on pandemic preparedness for ASEF. In this way, Prospex creates real win-win potential for organisations and becomes a partner of choice.

AGENDA

Facilitator:

Peter Rakers | Senior Consultant Healthcare, Prospex

Rapporteur:

Bastiaan Van de Loo | Member, ASEFUAN

Saturday 2 October

TIME	AGENDA
14:00 – 14:15	Introduction of participants
14:15 – 14:30	Introduction of workshop, expectations, modalities, outcomes
14:30 – 14:45	<p>Introduction: ASEF Network for Public Health Recommendations from the 16th ASEF University Participants</p> <ul style="list-style-type: none"> - What is ASEF Network for Public Health Network? <ul style="list-style-type: none"> ✓ What are the objectives of the Network? ✓ What added-value does the Network bring to public health in Asia and Europe, especially for the youth? <p>Presenter Sunkyoung Lee, Project Executive, ASEF Network for Public Health</p>
14:45 – 15:30	<p>Discussion of 16th ASEF University Policy Recommendations on Public Health</p> <ul style="list-style-type: none"> - What are the main outcomes and policy recommendations that came out from the 16th ASEF University on ‘Public Health and Vulnerable Groups: Access to Quality Health Care Services’? - What can be done to strengthen and support the recommendations? <p>Presenters Yen Yee (James) Liew, AU16 Alumnus, School of Medical Sciences, Universiti Sains Malaysia Isabel Guasch, AU16 Alumna, Ecole des Hautes Etudes en Sciences Sociales</p>
15:30 – 16:00	Break
16:00 – 18:00	<p>Sharing experience and lessons learnt: Initiatives from Asia and Europe</p> <ul style="list-style-type: none"> - What are the public health issues that are most concerned to the youth from Asia and Europe? - What initiatives from Asia and Europe to support youth movement in public health have been made? Which of these initiatives have been successful - What good practices can be derived from these initiatives? What have been the main ingredients that have made them successful? What were the challenges encountered and how were these overcome? How can youth organisations, civil society in general, and government institutions learn from these? - What can be done to enhance engagement by both government and non-government actors in the promotion of public health for the youth? <p>Guided Discussion Among Participants</p>

Sunday 3 October

TIME	AGENDA
09:00 – 10:30	<p>Enhancing synergies within and between Asia and Europe</p> <ul style="list-style-type: none"> - How have civil societies and youth networks in Asia and Europe been engaged in the promotion of Public Health? <ul style="list-style-type: none"> ✓ What are the achievements? ✓ What are the lessons learnt from on-going projects? - How can Youth movement be more empowered? <ul style="list-style-type: none"> ✓ What can be done to improve the youth organisations' capacity in actively promoting public health among youth? ✓ What can be done to improve the youth organisations' capacity to successfully advocate for higher prominence of youth public health issues on the political agenda? ✓ What would be required for the youth networks to form a stronger alliance? ✓ With whom should the youth collaborate for further outreach? ✓ How can government institutions support cooperative work among youth networks for the promotion of public health? <p>Guided Discussion Among Participants</p>
10:30 – 10:45	<p>Break</p>
10:45 – 12:15	<p>Policy Recommendations</p> <ul style="list-style-type: none"> - What policy recommendations to ASEM leaders and societies can be made with respect to: <ul style="list-style-type: none"> ✓ Enhancing engagement of both government and non-government actors in the promotion of public health for the youth? ✓ Empowering the youth in public health promotion across Asia and Europe? ✓ Enhancing and ensuring a sustainable knowledge and experience sharing for the youth in Asia and Europe? <p>Sub-Working Groups</p>

Presentation of workshop outcomes in Plenary: 14:00

PARTICIPANTS

Bastiaan Van de Loo

Member, ASEFUAN

Bastiaan, a native from the Netherlands, is currently student at the National University of Singapore doing his dual degree MPA-MBA with a focus on health. From 2006 until 2009 he was the Programme Officer for Monitoring and Evaluation with UNFPA Indonesia. In 2010 he worked with UNFPA Indonesia and supported the UN in Indonesia in developing their 5-year programme. Bastiaan has a Master Degree in Political Science from the University of Leiden which included a one year specialisation in Southeast Asian affairs at the University of Hawaii. Previously, Bastiaan worked for the Netherlands Embassy in Manila, the Institute for International Asian Studies in the Netherlands, the Asia-Europe Foundation in Singapore and started his career in the field of Family Planning and Reproductive Health through his work with Pathfinder International, Vietnam in 2005.

Dani Madrid-Morales

Former President, ASEFUAN

Dani Madrid Morales (Barcelona, 1980) is the former president of the ASEF University Alumni Network, an NGO based in Brussels (Belgium) and founded in Bali (Indonesia) in 2002. The more than 500 members of ASEFUAN are former participants of the ASEF University programme, a summer school held alternatively in Asia and Europe since 1998. ASEFUAN aims at creating stronger links between the civil societies of Asia and Europe as well as increasing awareness of the ASEM process among the younger generations. In order to do so, ASEFUAN regularly organises events targeting the youth in both continents.

Beyond his voluntary contribution to ASEFUAN, Dani Madrid is a trained journalist based in Barcelona (Spain). He has been working at the International Desk of Televisió de Catalunya (www.tv3.cat), specializing in Asian current affairs, since 2003. He also writes for different Spanish newspapers and magazines. Dani has reported from several countries in Asia, including Vietnam, Timor Leste and Japan, where he lived as a student.

On an academic level, he holds BA degrees in Journalism and East Asian Studies as well as MA degrees in International Relations and Contemporary East Asian Studies. Dani teaches courses on the Mass Media in Asia at Universitat Pompeu Fabra (www.upf.edu) and on Japanese Popular Culture at Universitat Oberta de Catalunya (www.uoc.edu). He has conducted University research on several topics related to contemporary Japan, ranging from the role of the media in shaping public images of Europe to the situation of the Korean migrants in Japanese cities.

Djuni Thamrin Sarkawi

Executive Director, Indonesian Popular Governance Institute (IPGI)

Mr. Djuni Thamrin is an executive director of the Indonesian Popular Governance Institute (IPGI) and the same time he also doing as a senior researcher of Center for Social analysis AKATIGA, Bandung, Indonesia. After achieving his Bachelor in Resource Socio-economics at Bogor Agricultural University (IPB), Bogor, Indonesia, Department of social economic of Animal Husbandry faculty, he continued his working with both several international consultancies and national research, and then continued his studies for Master of science in Social development (MSc. Soc. Dev) at the Ateneo de Manila University, the Philippines. With more than fifteen years of experience, he has been serving as lecturer, researcher, training manager, program designer and policy analyst in the field of social development, social policy, social welfare, poverty alleviation, social security, corporate social responsibility and community development. He also often serves as consultant for such a number of international organizations. At the moment, he is continuing study at Universiti Sains Malaysia (USM) as PhD candidate of social work.

Within that area of interest, his work in many social-political issues notably development social and democracy issues. He writes and edits several books and articles. Mr. Djuni Thamrin has also special interest in working with NGOs, social protection expert and other International development bodies. His skills in strategic planning combined with monitoring and evaluation skills on participatory development projects including poverty and gender issues. It's bringing him to work with both national and international

organisations. He has been working as a social and governance specialist for several national and international organizations.

Mr. Djuni Thamrin is currently lecturing in Postgraduate School of Specialist Social Work, Bandung School of Social Welfare, Indonesia; and serving as Special Expert for Ministry of Social Affairs in implementing PKH (Program Keluarga Harapan), a conditional cash transfer scheme developed by Bappenas (National Board of Development Planning) in cooperation with the ASEAN secretariat and EU. Since August 2004, he serves as facilitator for yearly Asia-Africa capacity building training on poverty alleviation in Jakarta. This project is a collaboration work among three parties, JICA (Japan International Cooperation Agency), State secretary of Republic of Indonesia (SEKNEG) and Centre for Economic and Social Studies (CESS). Mr. Djuni Thamrin is also served as members of International organizing committee of Asia-Europe People's Forum that bi-annually organized Asia-Europe people's forum event both in Asia and Europe simultaneously.

Dorota Sienkiewicz

Policy Officer for Global Health, European Public Health Alliance

Dorota Sienkiewicz works as Policy Officer for Global Health at The European Public Health Alliance where she supports EPHA's contribution to Action for Global Health – a project aiming to ensure EU effective effort to achieving the health-related Millennium Development Goals – and works on issues related to EU policy coherence, health and development.

Outside this policy area, she works on issues of environment, agriculture, trade, health inequalities and mental health.

She received a Masters degree in Social Psychology from the University of Amsterdam and subsequently in International Public Health from the Free University of Amsterdam. Before starting at EPHA, she worked on stigma and mental health, sexual and reproductive health of refugees and undocumented migrants, as well as the issue of Female Genital Mutilation.

Isabel Guasch

Researcher, Ecole des Hautes Etudes en Sciences Sociales

Isabel has lived most of her life between France and Mexico. She holds a Master's degree in Health, Populations and Social Policies from the School of High Studies in Social Sciences of Paris. She obtained her Bachelor's degree in Ethnology at the National School of Anthropology and History of Mexico. Isabel has a profound passion for human diversity and believes in the power of multidisciplinary approach to make changes. She is a happy language teacher who loves her students, has much experience in ethnographical field work and enjoys travelling to discover new people and ways of life! Currently she is preparing her PhD research project focused on women's health immigration issues. Isabel attended the 16th ASEF University on "Public Health and Vulnerable Groups: Access to Quality Health Care Services" in Lodz, Poland (2010).

Iswandy Bin Ahmad

Vice President (Activities and Events), Brunei Darussalam AIDS Council

Born in October 1984, Iswandy graduated in Diploma in Youth Development Work. Currently holding the Vice President (Activities & Event) position in Brunei Darussalam AIDS Council, an Non-Government Organisation raising awareness on HIV & AIDS and its related matters.

Volunteered with the AIDS Council since 2004, Iswandy has led a number of successful leadership and peer-to-peer programme, for the Council with the likes of HIV Awareness Programme for Peers & Youth (HAPPY), LESTARI (Life Skills Training), BLISS and Penyinar Club.

Iswandy has attended or invited to various programmes related to youth work, scouting & HIV/AIDS in Brunei, Malaysia, India, Japan, Korea, Laos, Indonesia and Turkey.

Awards won for projects done by Iswandy for the AIDS Council:

1. Commonwealth Youth Silver Award 2005/2006
2. Commonwealth Youth Silver Award 2007/2008
3. B-@ktif 2008 Silver Medal
4. ASEAN Youth Award 2009

Joon Ha

Medical Student, Imperial College School of Medicine

My name is Joon Ha and I am a final year student at Imperial College School of Medicine in London, UK. My first involvement with ASEF came through AU 15 where the theme was Migration and Multiculturalism. This was a great platform to explore ideas and issues that are becoming increasingly important in this age of globalisation. My hope is to continue my involvement with ASEF and the opportunities to view the world and learn through new perspectives of professions, nationalities and cultures.

Karen Terado

Member, Board of Trustees, Youth AIDS Filipinas Alliance Inc.

Karen Terado is a Filipino student leader, educator, and youth advocate for adolescent reproductive health. Currently a management senior in the University of the Philippines Visayas Tacloban College, she has been involved in various campaigns to combat the detrimental unwanted effects of adolescent sexuality and reproductive health issues as a member of YAFA-EV (Youth AIDS Filipinas- Eastern Visayas), an organization which educates and empowers people about HIV & AIDS. She is also a peer educator of Y-PEER (Youth Peer Education Network). Her experiences which realize the goals of the organization equipped her when she became the Executive Director of YAFA. At present, she is the board member of YAFA heading peer education and representing the country to domestic & international (Thailand) trainings. This hones her skills and character in living by her personal mantra of "*Be informed, be protected and be empowered*" which she continually exercises in the country's valuable youth sector.

Love Nordenmark

Head/Website Manager, UMO.se

My educational background is in the fields of anthropology (master degree), media studies, sexual and reproductive health and rights, feminist studies, intersectionality and anti-discrimination.

Since the end of 1990 I have been working in projects concerning marginalised groups such as young girls, teenage parents on issues concerning gender equality, sexual abuse, female genital cutting and other themes. I have written chapters and reports my fields of expertise. Some examples are: *Choice and Power- Sexual and Reproductive Rights for women and for men*. A report from an international seminar in Stockholm 2000. *How do others do? On sexuality and relations*. (2000) Red Kajsas Sundström, Folkhälsoinstitutet. *Equal rights, equal conditions? On antioppressive learning in preschools and schools*, 2008. Liber (in Swedish). *Normcritical Pedagogy- power, learning and strategies for change*, 2010. red. Bromseth and Darj (in Swedish). Between 2004 until 2006 I was a gender equality expert at the teachers program in Stockholm. My main work was to educate the staff about issues on gender and LGBT.

Since 2008 I am the head of UMO.se, the web based youth clinics is a web site for youth in the ages between 13-25 in Sweden concerning issues on sexuality, rights, physical and mental health, STI, unwanted pregnancies and much more. UMO is part of a national site for all citizens in Sweden when they want to get in touch with medical expertise and care. My main aims in my work are to empower young people and strengthen them in their possibilities to have agency in their own lives.

I have three children who are an inspiration to me in my everyday life. Other interests are travels, political issues, new challenges and to be in the nature.

Ma. Krizna S. Gomez

Programme Coordinator, Ateneo Human Rights Center

Krizna obtained her BA in Political Science and *Juris Doctor* degrees from the Ateneo de Manila University in the Philippines. Since her law school days, she has been involved in advocacies for accountable governance and human rights, particularly political rights, agrarian reform, and indigenous peoples' rights. She has also been active in and pioneered the nationwide expansion of the Legal Network for Truthful Elections- the first and only citizens' arm in the Philippines composed of lawyers and paralegals that monitors elections, advocates for law reform, and prosecutes violators.

Currently, she serves as Program Coordinator of the Ateneo Human Rights Center, one of the first and leading university-based human rights NGOs in her country, on establishing multi-sectoral quick reaction teams to address extra-legal killings and enforced disappearances. She also sits in the Organizing Committee of the Asian Consortium for Human Rights-Based Access to Justice aimed at capacity development of government institutions, justice actors, and civil society organizations in the Asian region in access to justice programming that is entrenched in human rights. She is also a teaching assistant in Constitutional Law at the Ateneo Law School.

Krizna attended AU11 (Paris) and was a facilitator for AU16 (Poland).

Muhamad Iman Usman

President and Co-Founder, Indonesian Future Leaders

Iman was born on 21st of December 1991 in Padang, Indonesia. He has been an active volunteer and community member since he was ten years old. Since then, he has achieved many prestigious recognitions for his efforts to uphold children's rights and promote intercultural dialogue. In 2008, he was named an Indonesian Young Leader 2008 by the President of the Republic of Indonesia and a Mondialogo Junior Ambassador for intercultural dialogue by Daimler and UNESCO. In 2009, he was one of ten youth worldwide to receive a Youth Achiever Recognition Award and was elected by the UN Population Fund Indonesia as one of the youngest participants on its Youth Advisory Panel. Iman is currently studying International Relations at the Universitas Indonesia and, in his spare time, acts as ASEAN-Indonesian Youth Ambassador, Country Manager for Indonesia on South East Asia Youth for Change, President of the Indonesian Future Leaders community, a project lead on the Children Behind Us project, and more.

Nida Mushtaq

Member, Board of Directors, Youth Coalition for Sexual and Reproductive Rights

Currently involved with Youth Coalition as one of the members of Board of Directors, Ms. Mushtaq has been working as an advocate and activist for Sexual and Reproductive Health Rights (SRHR) of young people since last four years.

Initially working with organizations such as World Population Foundation, Save the Children and Pakistan AIDS Control Federation, Ms. Mushtaq is now involved in international advocacy by global as well as local youth groups and networks. Youth Coalition for Sexual and Reproductive Rights, being one of such networks, is a youth-led and membership-based organization working internationally to advocate for and promote young people's SRHR.

Ms. Mushtaq's key areas of interest and experience in the SRHR field include Comprehensive Sexuality Education, training young people to become self-advocates and strategizing to promote meaningful youth participation in SRHR programming etc.

Ms. Mushtaq is currently studying in a postgraduate programme at University of Melbourne, Australia. On completion of her degree, she plans to return to Pakistan and work on youth development issues in the country through trainings and innovative development approaches like social enterprising.

Pallavi Kaushal

Coordinator Volunteer Management, The YP Foundation

Pallavi Kaushal (New Delhi, India) is Head, Volunteer Management at The YP Foundation, a youth run and led organization in New Delhi, which works to promote, protect and advance young people's human rights by building leadership, and strengthening youth led initiatives and movements. Previously, she worked as a Research Associate at PRS Legislative Research, an organization that seeks to strengthen the legislative process by making it better informed, more transparent and participatory. Ms. Kaushal holds a Post Graduate Diploma in Conflict Transformation and Peacebuilding and a Bachelors Degree in Political Science.

Peter Rakers

Senior Consultant Healthcare, Prospex

Peter Rakers is an international trainer, facilitator and consultant devoted to bringing out the best in people. Nurturing cooperation, mutual understanding and the development of attitudes, knowledge and skills between individuals teams and departments, he creates the momentum to accomplish more added value for the company. Peter helps clients understand future developments, achieve visions, market differentiation and effective change with higher and middle management, supporting the alignment process throughout the organization and its business processes. Peter is passionate about helping individuals and organizations grow & achieve their full potential. He specializes in learning processes for leadership, negotiation, communication, foresight, strategy and change management.

Peter has worked with a variety of international firms specifically in the pharmaceutical sector, where he also held management and leadership positions. He worked closely with companies such as Wyeth, Bristol-Myers Squibb, Unilever and IMS Health. At the ratiopharm group, a leading generic manufacturer in Europe, Peter was managing director of the group's Belgian operations. At Bristol-Myers Squibb he was a member of the international training team and led development programs for high potential employees, marketing optimization projects, coaching and counselling for managers and several postacquisition integration courses. Peter has profound experience in accompanying companies in important mergers, acquisitions and restructuring processes. He facilitated the acquisition of Ursa by Bristol-Myers Squibb in 2001, led the reorganization of the JohnsonDiversey healthcare & public team and reshaped the ratiopharm sales force in 2006. Working with industry associations such as Febelgen, Peter applied his skills for stakeholder engagement across industries, with government and further interest groups. Peter is a clinical chemist by education. His broad interest for people and health brought him into the pharmaceutical industry. He is trained at the Institute of Pharmaceutical Business (IFB) and the Boston Business School. He facilitates for the Rotterdam School of Management (RSM). Peter's native language is Dutch. He is fluent in English and French and has a sound knowledge of German.

Rachel Arinii Judhistari

Regional Focal Point Asia Pacific/ Programme Officer, Global Youth Coalition on HIV/AIDS- ARROW

Rachel Arinii Judhistari is an active youth advocate from Indonesia. She is the founder of the Independent Youth Alliance (Aliansi Remaja Independen), the only youth-led organisation focused on sexual and reproductive health and rights in Indonesia, which works to promote the rights of marginalised young people. Ms. Arinii Judhistari initiated and leads the Bali Youth Force, which enables young people from Asia and Pacific to participate meaningfully in the International Congress on AIDS in Asia and the Pacific. Ms. Arinii Judhistari currently works with the Asian-Pacific Research and Resource Centre for Women (ARROW) as its youngest staff member, leading a programme focusing on young people, HIV/AIDS and education in seven countries of South East Asia, including the Mekong River delta and China.

Ms. Arinii Judhistari also has been appointed as Asia and the Pacific Regional Focal Point for Global Youth Coalition on AIDS, a youth-led global organization with United Nations Consultative (ECOSOC) status that connects 4,000 young leaders from 180 countries in the fight against HIV/AIDS. In addition, Ms. Arinii Judhistari has worked with the Indonesian Red Cross, the United Nations Population Fund, the International Women Health Coalition, the Asia Pacific Conference on Sexual and Reproductive Health and Rights, and the International Planned Parenthood Federation. She has delivered speeches at multiple international conferences.

Sara Ulfhielm

Institutional Coordinator: Council of Europe Relations, European Youth Forum

Ms Sara Ulfhielm works for the European Youth Forum as the Institutional Coordinator for relations with the Council of Europe, and the Partnership on Youth between the Council of Europe and the European Commission. Ms Ulfhielm holds a Bachelor degree in Peace and Development Studies by the Växjö University and a Master program in International Studies and Politics by the Uppsala University. She also has a strong background with youth organisations, specifically European Educational Exchanges - Youth for Understanding, both in Sweden and at the European level, has spent her exchange year abroad in Australia, has worked with UNESCO in Namibia, and did a traineeship with the North South Centre of the Council of Europe in Lisbon.

Sunkyoung Lee

Project Executive, Asia-Europe Foundation (ASEF) Network for Public Health

Sunkyoung Lee, a Korean national, joined ASEF in April 2009 as Project Executive for the ASEF Network for Public Health. Her involvement in this five-year project, funded by the Government of Japan, centres upon building an interactive network crossing regions and organisations, and ensuring information sharing and dissemination through a web-based communication platform.

She obtained her BA in English Language and Literature at Ajou University and received her MA in European Public Affairs from Universiteit Maastricht. Her work experience spans a number of industries based in Korea and Europe with her latest post prior to joining ASEF being as an intern at the Directorate-General for Information Society and Media of the European Commission in Brussels.

Yanping (Helen) Zhao

China Liaison Manager, Médecins sans Frontières

BA in Business Administration in 2001, and started working in NGOs in Asia on health and related issues for about 7 years, among which, nearly 5 years with MSF (Médecins Sans Frontières) in China. Her work has been focusing on infectious diseases and awareness raising.

After working for three years in MSF, Zhao went to Europe to further her studies and got Master's degree on Humanitarian Action in 2006. After that, Zhao went to Myanmar with Malteser International and worked in Shan State, War Special Region in the HIV/AIDS Project for a year and a half.

Zhao is now the China Liaison Manager of MSF in Guangzhou, working on raising awareness of MSF in mainland China.

Yen Yee (James) Liew

Student, School of Medical Sciences, Universiti Sains Malaysia

James Liew is currently doing the final year of his Medical Degree at Universiti Sains Malaysia. Being an avid multi-tasker, he enjoys getting involved in a variety of activities. He was elected as the Vice President for the Medical Student Society of his university and he is currently the Secretary of the Asia Europe Foundation University Alumni Network (ASEFUAN). He also has a passion for teaching and enjoys giving lectures and tuitions to his juniors. His interest in research led him to co-author a study on the difference of stress prevalence between European and Asian medical students and managed to win the best presentation in the International Mental Health Conference. As he is particularly fond of kids, teaching, research and involving himself in policy making, he hopes to become a Paediatrics lecturer who will also be decision maker in the future.

The workshop “The Role of Youth in Public Health Promotion: New Ideas, Young Ideas” was co-organised by the Asia-Europe Foundation, ASEF University Alumni Network (ASEFUAN) and Prospex, within the framework of the 4th *Connecting Civil Societies Conference: Changing Challenges, New Ideas* which took place on 1-3 October 2010 in Brussels, Belgium.

Full details and all conference reports are available on the conference webpage:
http://www.asef.org/index.php?option=com_project&task=view&id=630

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